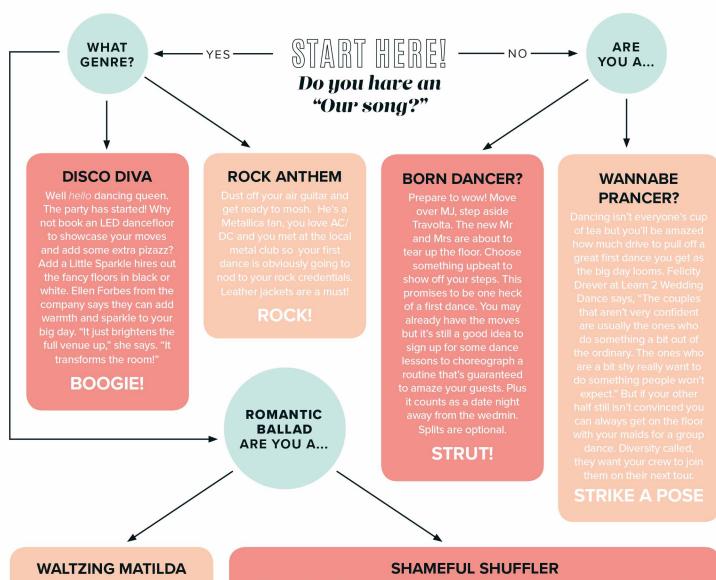
WEDDING FIRST DANGE are you?

Still struggling to work out how to get your groove on? Go with the flow(chart) to find out if you're a moshing bride – or born to glide



Watch out wedding – Fred and Ginger are in the building! Bring a tear to your granny's eye as she watches you float by in the arms of your prince charming. Next stop, the Strictly ballroom, to lift that glitterball

GLIDE!

Why not sign up for dance lessons? "Couples don't want to go round the floor like a couple of penguins waddling around," says Alan Dee from Deesdancing. "They want to look presentable on the floor." Alan and his fully qualified staff will teach you the dance moves that best suit your chosen song and tempo. "Some people want waltzes, some people want slow dances," adds Alan, who will advise on what style works best for you and your partner and also give you some tips on how to cope dancing in your wedding dress.

FLOAT! •